SUZANNE M. SMITH, Licensed Clinical Social Worker (#1923)

**Align Counseling of Colorado** 303.475.2757

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Centennial, Colorado 80112 www.aligncc.com

# SPECIALTIES

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| * Couples counseling
* Attachment and adjustment with post adoptive parents and children
* Family therapy
 | * Eye Movement Desensitization and Reprocessing (EMDR)- Level II
* Chronic illness
* Individual therapy
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**WORK AND CLINICAL EXPERIENCE**

09/12-Present Adjunct professor at The University of Denver’s Graduate School of Social Work

09/10-10/13 Facilitator of Children Come First in Divorce or Separation; an Arapahoe County approved and

 mandated class for parents and guardians of children experiencing divorce, separation and custodial

 changes taught through the Center for Divorce and Parenting.

10/12-10/13 Bereavement counselor at The Denver Hospice

11/09-11/12 Social worker at The Denver Hospice

12/08-Present Private practice therapist working with individuals, couples and families- office in Centennial, CO

09/06-03/10 *Student Therapist.* Denver Family Institute, Denver, CO. Provided family, couples and individual therapy.

09/08-05/09 *Intern Therapist*. Chinese Children Adoption International (CCAI). Provided therapy with post adoptive

 parents of Chinese children specializing in attachment and adjustment.

11/07-11/08 *Case Manage*r on geriatric psychiatry unit at North Valley Hospital, Thornton, CO

09/02-05/03 *Intern.* Kaiser Permanente Highline Mental Health Center, Denver, CO. Provided mental health services to

 individuals, couples and families, and intensive outpatient and family group facilitation.

09/00-05/01 *Intern.* Rishel Middle School, Denver, CO. Mental health service provider at Catholic Charities sponsored and

 after-school program. Developed curriculum and facilitated anger management groups. Provided individual

 and family therapy.

**EDUCATION**

09/06-09/10 Denver Family Institute, Denver, CO. Post Graduate Certificate in Couples and Family Therapy.

09/99-06/03 University of Denver Graduate School of Social Work, Denver, CO. Masters of Social Work.

01/92-12/94 University of Colorado, Boulder, CO. Completed second major in psychology with an emphasis in neuroscience.

09/86-05/90 University of Northern Colorado, Greeley, CO. Bachelor of Arts in Journalism and Mass Communications.

**VOLUNTEER EXPERIENCE**

04/98-09/07 *Patient Representative*. The Children’s Hospital, Denver, CO. Played liaison role between guardians of patients and hospital staff. Provided hospital amenities information to families of patients*.*

*05/99-04/02 Association of Volunteers Board of Directors.* The Children’s Hospital, Denver, CO. Member of child advocacy and hospital initiatives group. Chairperson of Annual 2002 Volunteer Conference named “Bricks and Mortar”.

09/04-07/05 *Grief phone ministry*. Queen of Peace Catholic Church, Aurora, CO. Conducted outreach calls to bereaved family members.

10/03-10/03 *Co-facilitator of four session grief group*. Our Lady of Loretto Catholic Church, Foxfield, CO.

11/98-09/99 *Volunteer*, Johnson Center Resident Hospice, Englewood, CO. Visited patients and their families and provided assistance to staff with the feeding and basic hygiene of patients.

02/98-09/98 *Home Respite Caregiver*. Centura Health Portercare/Avista Hospice, Louisville, CO. Provided respite relief to primary caregivers by visiting and assisting terminally ill patients.

06/97-05/98 Volunteer *Bereavement Counselor*. Centura Health Portercare/Avista Hospice, Louisville, CO. Provided bereavement counseling in the homes of primary caregivers for one year following the death of their loved ones.

**AWARDS AND PRESENTATIONS**

09/92-12/94 Psi Chi Psychology National Honor Society at the University of Colorado at Boulder

2010 Student of the year 2010 Colorado Association Colorado Association of Marriage and Family Therapists

10/12 EMDR presentation to the Douglas County 18th Judicial District Probation Officers

02/13 Attachment presentation support group for those suffering bipolar and anxiety disorders

05/14 Guest lecturer The University of Denver Graduate School Of Social Work- trauma and attachment

10/23/14 Guest speaker at Bethany Christian Services Adoption Agency- “What you do know about attachment will

 help you”.

11/11/14 Guest speaker at Project 127 Adoption and Foster Support Group- “History matters: Connecting your child’s

 past with the present”.

04/15 Guest lecturer The University of Denver Graduate School of Social Worker- couples therapy class on PACT.

**PUBLICATIONS**

Ward T.C.; Intemann P.; Brittin L.; Carder S.; **Kelley (now Smith) S**.; Tran V.; Smock T. (1995) Interaction Between Long-Term Potentiation and the Action of a Peptide Transmitter. [*Peptides*](http://www.ingentaconnect.com/content/els/01969781). Volume 16, Number 5, pp. 917-919(3).

**TRAININGS and WORKSHOPS**

05/07 Salvador Minuchin, MD- Structural Family Therapy

05/08 William Dogherty, PhD- Smart Marriages

11/08 Journey to Me Conference for post adoptive parents and professionals- keynote speaker, Bryan Post, LCSW

05/09 Sue Johnson, PhD- Hold Me Tight

09/10 Monica McGoldrick- Transforming Life Narratives: Weaving Stories of Healing

09/11 John Gottman, PhD and Julie Gottman, PhD- Level One training- The Art and Science of Love

06/11 Eye Movement Desensitization and Reprocessing (EMDR) - Level One

12/11 Eye Movement Desensitization and Reprocessing (EMDR) – Level Two

02/13 Daniel Hughes, PhD- Attachment Focused Family Therapy

11/14 Bessel van der kolk- Trauma, attachment and neuroscience

11/14 Intro to Internal Family Systems

02/15 PACT (Psychobiological Approach to Couples Therapy) Level 1 training- module 1

# 04/15 Daniel Seigel, MD- 2015 CCA Annual Conference

05/15 PACT Level 1 training- module 2

*Upcoming; 08/15; Enrolled in PACT Level 1 training- module 3*

* ***Current member of the Colorado chapter of the National Association of Social Workers (NASW)***